



The Grove Homeowners Association www.thegrovehoa.com

Volume 4, Issue 2 April-May 2007



GHOA Approves \$2 Million Dollar Moving Sidewalk Around Pond

Compiled By Mike Burnette

Excerpted from a press release to be announced 4/1/07 from the President's Council on Physical Fitness & Sports:

(Midlothian, VA) The President's Council on Physical Fitness & Sports is proud to announce a first of its kind grant to The Grove Homeowners Association in Midlothian, VA. It has awarded this matching \$1 million dollar program to allow the Grove (a 750 home neighborhood in the suburbs of Richmond, VA) to begin building its much anticipated motorized moving sidewalks around its lake. George Katzen, Executive Director of PCPFS says this will be a pilot program for neighborhoods around the country. The idea is to truly inspire people to walk more by walking less. People can say they logged 5 miles of walking or running while only actually doing about 2. What a better way to be healthy by saying you have exercised more than you have. Ben Owings, President of the GHOA, said this sidewalk will allow residents to have less caloric burn in their exercise routine due to the fact that they are truly just not exercising as much. "Isn't this just the best thing you have ever heard of", exclaimed Mr. Owings at a recent briefing in Washington, "We will truly have a mechanism that will make us burn less calories, therefore losing less weight, and sweating less in our exercise program!"

The Grove will be sending out a special assessment for the matching \$1 million which their by-laws allow for special programs that enhance the neighborhood overall. This makes it only \$1400 per household. Lawrence Holland of Gravity Hill stated, "\$1400 is nothing, I spent \$1800 on my Bowflex machine and now its my wife's sweater drying rack. I will now be proud to bring my friends to this moving sidewalk and show them how effectively I can gain weight much more easily and still 'say' I do a 5K run everyday."

The GHOA hopes residents enjoy this new moving sidewalk that will be powered by a special generator soon to be built where the pool used to be. They determined that with this new sidewalk, the pool would no longer be a viable attraction. Construction will take about a year and they ask that you avoid the pool area, lake area, and walking paths starting in May. Of course, this is an April Fool's joke so, please don't call any member of the media, the GHOA, or the PCPFS or they may think you are a crazy person. So April Fool's to you. Please enjoy the rest of this newsletter, as the rest of it is true information, promise!

For more information, please do not visit http://www.fitness.gov, as it really won't have a thing on this program or any other such idiotic idea that this editor dreamed up in his head.



President's Message

Happy Spring Time!

With the warmer weather and increased activity in the neighborhood, I'd like to remind everyone to watch out for kids in the streets and to keep our dogs and pets on leashes.

Spring is often a time for beginning outdoor projects. Please remember to seek approval from our modification committee before beginning any new additions, sheds, decks, or landscape modifications. Advance approval is the best way to avoid any problems later on. In addition, many of us that have houses more than a few years old have mailboxes that may need a little TLC. This has been a source of complaints for the board for some time now. If yours is looking a little ragged, take a little time to add some fresh paint. If you don't have the time, we do have several handymen living in The Grove that can do it for you (for a fee, of course.)

If you have time to stop by, or utilize the clubhouse, you will notice that we have purchased new furniture and artwork to make the space even more inviting. Acoustical ceiling tiles should also be installed soon to help with some of the noise issues. Mike Burnette spear headed the efforts on the ceiling tiles.

Pool season is approaching. We will be instituting a change this year in the form of pool passes. This will allow us to make sure that the people using the pool are those who belong there. Please see the pool form within this issue that needs to be filled out and returned.

Have a great spring!

Ben Owings

2007 Board of Directors

boardofdirectors@thegrovehoa.com

President Ben Owings, 378.0067 president@thegrovehoa.com

Vice President John Romano, 379.1238 vicepresident@thegrovehoa.com

Secretary Rich Ramey, 379.7961 secretary@thegrovehoa.com

Treasurer Jonathan Jackson, 794.7041 treasurer@thegrovehoa.com

Operations Byron Foutch, 794.3148 operations@thegrovehoa.com

2007 GHOA Committees

Architectural Modifications Steve Kellner, 594.2340

Grounds Dick Woodruff, 897.0290

Clubhouse

<u>OPEN</u> (Please volunteer) Right now call 378.8928 for info Check website for updates

Publicity Mike Burnette, 897.0377 newsletter@thegrovehoa.com

Pool Jim Collins, 513.7728 jimcollins1130@comcast.net or

Gerry Mancuso, 897.0853 gerrybean1@msn.com

Social OPEN (now reforming!)

The Grove Miner is a publication of The Grove Homeowners Association of Midlothian, Va., Inc.

Deadline for ads and submissions for the June issue is May 15

Submit all ads & articles to:

Mike Burnette, Editor - newsletter@thegrovehoa.com or 897.0377

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Bus. Card size - \$20, Quarter page - \$35 Half page - \$65, Full page - \$125 Back cover - \$150

(10% off for 6 issues prepaid)

(non-profits get 50% off!) Ad design: \$35 if needed. Website - \$80 per mth.



CLUBHOUSE GETS BOTOX FACELIFT



New Acoustical Paneling to improve sound quality and echoing (coming soon)

Clubhouse Chairperson & Members: We are looking for a chairperson starting in April and additional members to help monitor reservations and upkeep. Please Contact: secretary@thegrovehoa.com, 379.7961

You can always see the current issues and past issues of *The Grove Miner*

on our website at: thegrovehoa.com/newsletters.htm

If you are new to the Grove, see what you have missed. *Most are even in color!*



HOA DUES

If you have not paid your required 2007 GHOA DUES, they are past due and you now owe \$385.

Contact Jonathan at 794.7041 or treasurer@thegrovehoa.com to make arrangements for payment.

> LIENS will be placed early this year!

<u>Please note:</u> These dues are in addition to any monthly dues you may pay to Krim Point, Scotter Hills, or Ridgemoor.

9

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- Education planning
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The Grove Homeowners Meetings:

2nd Thursday of each month 6:30pm at the clubhouse.

SOCIAL COMMITTEE IS REFORMING NOW

If you are interested in serving on this team, please contact the Board. There are several individuals interested, but we need more! Help is needed for both kids socials, adult socials, and Grove-wide socials.

Contact: secretary@thegrovehoa.com, 379.7961 or come to the April Meeting on April 12



FiOS is Coming... FiOS is Coming... to The Grove

By Kimberly Morgan

You may have noticed all the digging going on around The Grove and an abundance of Verizon's and their contractor Ivy H. Smith's trucks in our area and wondered what is going on. Well, all of this activity is to bring FiOS to Midlothian and The Grove residents.



Well, What Is FiOS?

FTTP (fiber to the premise) is an advanced fiber-optic technology that can be used instead of copper wires to connect a home to a telephone company's network. Fiber-optic systems use hair-thin strands of glass fiber and laser generated pulses of light to transmit voice, data, and video signals at speeds and capacities far exceeding today's copper cable systems. Verizon's new suite of fiber-optic services over FTTP is called Verizon FiOS (FYE-ose).

What Does This Mean for The Grove?



For now, expect more digging. Laying fiber in our neighborhood is just one step in bringing The Grove the latest in broadband and TV. Seeing Verizon in our neighborhood is a good sign that Verizon will be offering FiOS Internet and TV service very soon. Other areas in Richmond and Chesterfield already have FiOS.

Since laying the fiber requires digging, Verizon will make every attempt to do this without harming your property and working within the public easements whenever possible. During the building process, damage can sometimes occur, but Verizon will replace any displaced landscape and will work with you to remedy any issues to your satisfaction. Once you see Verizon in your area of the neighborhood, you can help them avoid potential problems by marking any underground sprinkler systems, electronic fencing, etc. that may cross the areas they

are working in. If you experience any issues, please contact the Ivy H. Smith Company at 1-800-403-1406.

Once We Have the Fiber Installed, What Services Other Than Phone Service Will Be Offered to The Grove?

According to Verizon's website, there are two FiOS products from Verizon: FiOS Internet and FiOS TV.

FiOS Internet

Verizon FiOS Internet Service is a broadband service designed to provide Internet access with maximum connection speeds of up to 50 Mbps or 30 Mbps downstream and 5 Mbps upstream. When FiOS meets your computer, you'll have access to blazing fast speeds for:

- -Online gaming
- -Video messaging

-Purchasing and downloading feature films and CD-quality audio

With Verizon FiOS Internet service you will be able to experience the Internet at speeds like never before.

FiOSTV

-100% fiber optic network

-On Demand - Instant access to a library of the latest blockbuster movies, kids shows, sports programs and much more at a touch of a button.

-HD channels - More of a selection to watch all your favorite channels like ESPN, Discovery, TNT and more - all in amazing high definition.

-Picture and sound - Amazingly life-like picture, hyper-real color and flawless sound.

-Dual-tuner DVR - Gives you the freedom to pause and rewind live TV, record one show while watching another, and fast forward to your favorite part for an additional monthly charge.

-Top premium channels - When you subscribe to one of their premium services like HBO and



Cinemax you can select from current favorites to original programming, 24 hours a day.

-**International** channels - Stay connected to your homeland or the world with more than a dozen popular international premium channels including, RAI (Italian), TV5 (French), ART (Arabic), TV Japan (Japanese).

For more information on FiOS including FAQs about the product and installation process, see http://www.verizon.com/fios

- Decks
- Screened Porches
- Porch Enclosures
- Attic / Basement finishing
- Home Improvements / Upgrades
- Siding / Exterior repairs
- Kitchens / Baths
- Additions / Garages
- Free Estimates
- Creative Solutions
- Top Quality & Service
- Client References

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The road to better Quality and Service...





Beverley Walters has been in the Grove when the word 'Grove' actually meant just that. She was here before Hurricane Isabel wiped out many trees and all of the big ones. She was in Gravity Hill before it was even half built and here before there was a Coalbrook, Scotter Hills, Ridgemoor, or Kingham.

Beverley is a native Richmonder, but spent 28 years away from Richmond until returning in 2001. Her husband Dennis, being a Boston born and New England raised man, decided that he was 'sick and tired' of the cold and snowy climates and wanted to retire in the South. He tells the story of loading up the snow blower and snow shovels and driving till people asked him what they were - then he figured he had gone far enough. They are now far away from their 7 grand-children—3 in Massachusetts and 4 in Michigan, but relish the time when they can go visit them.

She reconnected herself quickly in Richmond and has been involved with the Grove Welcome Committee for the last 5 years and a member of The Chesterfield Women's League, The New Virginians, The Razzleberries chapter of The Red Hat Society and recently began working with Meals On Wheels in Chesterfield.

She is passionate about all those activities but nothing like one thing that has driven her for the last 5 years.

After surviving breast cancer, she realized the importance of how vital exercise was to one's life and continued health. Exercise - expending energy - is something she never did, ever! Her family always joked "if there's a way to get something done without having to get up to do it - she'll find a way". Couch Potato? Worse!

Her drive to stay healthy set her on a journey to find an exercise program that she would actually stick with. She tried running, walking, biking, aerobics - anything out there. None of these gave her the motivation and drive to 'keep at it'.

One morning (around 5 AM), sleepless in bed, she saw a piece on CBS about a local program called Seal Team Physical Training. They offered a 2 week "Give it a Try" Basic Training program. This intrigued her. So she showed up at 5:30 AM on a Monday morning to give it a try. She had NO idea what she was getting in to. Her body was using muscles she didn't know that she had. She was doing things way outside her comfort level. But....she survived. She knew how to survive!

Each day when she got home, along with being sore, she was also surprisingly energized. She began to have much more energy. And yes, the soreness went away. After 52 years, she found something she could do and love.

Beverley's passion for this shines through as she said, "I was excited about trying new things. The group really motivated me and cheered me on as I tried to do a simple pushup. There's nothing like the feeling of 30+ people cheering you on as you 'try' to do things you've never done for 50+ years in your life. I mean, the encouragement from these people make you believe you can do anything!"

It is a team based, at your pace, physical fitness program. John McGuire, founder and leader, continues to remind you: "Don't get hurt, be safe", "Do what you can do, but don't give up.", "Always finish what you start", "Even if you think you can't do it, try it.", "Pick your feet up", "You're not alone on this planet, you're not alone in this class", "Don't cheat. If you cheat yourself, who won't you cheat"

Beverley can't say enough about Seal Team (STPT). Everyone in the group helps everyone. It's something that carries on once you've joined the program with the new members.

After joining STPT, there has been no turning back. She was convinced that there is no other program like it in the world. She tried going back to the gym, but it just wasn't the same. "The energy of the group will get you through. It's only an hour 'you can do anything for an hour'. No matter how tired you are or whether you think you can do a push up, sit up, bear crawl, or crab soccer, etc. You will have someone (or many someone's) around you that feel the same way. You all cheer and encourage each other to get it done.", Beverley said with a grin on her face.

"It's amazing what the body can do, if it wants to!"

STPT has 3 options, 5 days a week. 5:45AM; 9:30AM; and 6 PM. You can go to any of the classes you want (after completing the Basic Training program) You can go as often as you want. The group ranges in ages of 16 to 73. There are seasoned athletes, tri-athletes, serious competitors and those just starting out. "Everyone, helps everyone" and they truly do. There is so much positive reinforcement among the group. "And of course the driving force of John McGuire in leading the charge.", she said, "I can't say I've ever met a more positive and motivating person in my life."

They meet in a different location every day. There's Byrd Park, Dogwood Dell, Bryan Park, Belle Island, Browns Island. It's outside! All year round. How cool is that? This time of year she gets to watch the sunrise when she's downtown. From hopping the rocks across the James River to climbing the flood wall, the opportunities are endless stifled only by the imagination. Rarely does she get a duplicate workout. There's something new everyday. Guaranteed to challenge you. At 56, Beverley is going strong! If she can do it, so can you.....she challenges you to get off the couch and get healthy. There's even programs for kids and teens!

You can learn more about the program she loves at: www.sealteampt.com or call her at 378.9384

CERT in Krim Point

By Sharon Klevesahl, CERTified Member



Through the efforts of Susan Kiger and the Krim Point Neighborhood Watch Program, eighteen Krim Point neighbors attended classes by Chesterfield County's Public Safety Program to become certified as a Community Emergency Response Team (CERT). As CERT members they were trained in fire and light rescue, medical with basic first aid and triage, disaster psychology, and the organization of CERT in the event of an emergency. The purpose of this program is to equip ordinary citizens with basic skills to meet the demands of being the true "first responders", even before the EMT and fire companies arrive on the scene. In the case of some wide-scale disasters, such as Hurricane Isabel, the fire and rescue personnel may have difficulty reaching the scene. The CERT members assess damages; identify where the greatest needs are, and offer minimal triage and treatment until the professionals arrive. Having this information available for the EMT and fire personnel can expedite treatment and care. See future issues as the Grove ramps up to have plan and supplies in place. Let's hope we never need them!

4th Annual Sweetheart Race

On the early morning of February 10, 2007 as the temperature struggled to reach 19 degrees F, more than 200+ runners and walkers lined up to test their skills on the rolling Midlothian Hills in the 4th annual Sweetheart Race. Many Grove residents participated as runners and volunteers. The 8 K course started at the Club house and quickly introduced the runners to the steep Grove Hill Road climb. After running past the Y and down N. Woolridge, the course went through the tunnel, around the pond and back through the tunnel to the paved portion of Miner's trail. After a brief water stop, the runners entered Queensmill neighborhood and returned to the Grove to wind through Gravity Hill and a scenic finish around the Club house pond. There was food, door prizes, and merchandise awards to the winners. The runners enjoyed the warmth of the Clubhouse both post and pre-race. This annual event shows off the best of the Grove and raises scholarship money for the Richmond Road Runner's Club. As residents, Don and Lin are proud to be the co-directors of this event, and want to thank everyone who participated. <u>by Lin Rehak</u>





2007 Brings New Rules for the Pool!

POOL OPENS MEMORIAL DAY AT 10:00 AM.

The pool is open from May 26th through September 3rd. On Public school days it will have limited staff and be open from 2 pm to 7 pm. On holidays, it is open 10 am to 7 pm. Between May 26 and June 30, and again from August 19 to September 3 it will be open 7 days a week from 10 am to 8 pm. Between July 1 and August 18, it is open from 10 am to 8 pm Sunday through Thursday, and 10 am to 9 pm on Friday and Saturday.

- Pool passes! A pass will be required for anyone using the pool this season and must be shown each time you enter the pool deck. If you forget or lose your pass, please bring an ID.
- Every residence will be required to fill out a pool registration form in order to receive passes.
- Each family member will receive an individual pass that will be used for the entire season.
- Every residence will receive 4 guest passes that are reusable for the season. (In other words, you can feasibly bring 4 guests each time you visit the pool, but please don't abuse this privilege.)
- Passes will be distributed only to residents who have paid their GHOA dues and or late fees. This will be enforced.
- Pass distribution dates will be announced on our website for pickup at the clubhouse. The first date is the May 10th board meeting.
- Children under age 12 may not attend the pool without a chaperone.
- Teens age 16 and up may bring guests provided they each have a guest pass.

Complete Rules, Hours, & Registration Form are available on our website at www.thegrovehoa.com Questions? Call the Pool Committee (numbers listed on page 2 of this newsletter)

AVOID THE LONG LINES ON MEMORIAL DAY FOR POOL REGISTRATION & COME TO THE <u>MAY 10TH</u> GHOA BOARD MEETING AND PICK UP YOUR POOL PASSES. YOU NEED TO BRING THIS REGISTRATION FORM AND A PHOTO ID! ADDITIONAL PICK-UP DATES MAY BE ANNOUNCED PRIOR TO OPENING DAY ON OUR WEBSITE (www.thegrovehoa.com) OR ON THE SANDWICH BOARDS AT THE ENTRANCES.

What have you been missing??? Go to www.thegrovehoa.com and click "discuss a topic"



The Grove Homeowner's Association 2007 Pool Registration

Applicant's Name:	
Co-Applicant's Name:	
Address:	

PI	ease list all household members:		
	Name	Date of Birth	Male/Female
1			
2			
3			
4			
5			
6			
7			

Applicant's Home Telephone Number:	()
Applicant's Work Telephone Number:	()
Other Telephone Number:	()

Emergency Contact other than someone in your household:	
Emergency Contact Telephone Number:	

By submission of this application, I hereby apply for Pool registration at The Grove. I have read and will abide by the rules for the Grove Homeowner's Association.

Applicant's Signature:	Date:	
Co-Applicant's Signature:	Date:	

Please return this form during pool pass distribution at the clubhouse

Pool passes have been received ______ (applicant's signature)

Lost pool passes will be replaced for \$2.00 each ______ (applicant's signature)

"I caught the big one!" -Nick Porter

Bigfoot, Loch Ness, Boogie Man, the Grove Pond Line Breaker.....They were all legends until Nick Porter of Coalbrook reeled in the BIG ONE that had been breaking so many lines. He caught this 10 lb.—28" catfish with a large minnow while fishing with his dad. It was about a ten minute fight, yet fun to the very end.

The pond has many good sized fish but please release them to grow even bigger. The pond is <u>CATCH AND RELEASE ONLY</u>!!!



Welcome New Neighbors

Coalbrook Mark & Kristen McAuliffe

> Hawkins Wood The Brockdorffs

Scotter Hills Anita Craddock Mike Flaherty Terri Huddleston Bill Watson

Biggin Pond Laina and Derek Schutz

> Krim Point Mary Cardinal Sherry Brooks

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The Grove Community Wide Yard Sale

May 12, 8am-1pm

The GHOA will post signs to the Grove and in the newspapers. You can put up signs from Grove Hill Rd., to your house, but please be prompt in removing them at 1pm.

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Revive a room. Add lighting.





Class "A" Contractor & Grove Resident

Krim Point Residents

Mark your calendar for the Annual Spring Covered Dish Meal to be held on Sunday, April 29th, 6:00pm at the Clubhouse. This is a great time to welcome spring and get together with your neighbors for good food and fellowship!

Kindergarten Registration

What is the date, time, and location of registration? April 26th from 9 am - 7 pm, JB Watkins, 501Coalfield Rd.

What are the age requirements for school entry? Children must be five years old on or before September 30.

Visit our site at www.thegrovehoa.com for a link to Chesterfield County School's site on what to bring, etc.

Neighbor to Neighbor FREE Classifieds

For Sale: "This End Up" Twin Bed with trundle and mattresses \$200 OBO call 379.2700

Summer Childcare Wanted: for my 2 daughters, ages 8 and 10. Approx. 11 am - 3 pm daily. Please call Carol for more information: 897.6121.

For Sale: Ladies SoDanca Black Tie Tap Dance Shoes, Size 7 1/2 Worn for only 1 hr. - \$30. Linda, 897.0764.

Classified Ads are free for Grove Residents (Business ads excluded). Email your ad to newsletter@thegrovehoa.com or call 897.0377



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